

HLTWHS005 · COURSE BROCHURE

Conduct Manual Tasks Safely

Understanding manual-task risks helps protect workers and the people they support through safer movement, positioning and reporting.

Course overview

A focused workplace course covering safe movement, risk assessment and practical manual task techniques.

What you'll learn

- Identify manual task hazards
- Use safer movement and positioning techniques
- Follow workplace reporting and prevention practices

Course units

- HLTWHS005 - Conduct manual tasks safely

Training and RTO

Nationally recognised training delivered in partnership with Australasian Centre For Work Education Pty Ltd (ACWE), RTO 40857.

At a glance

Qualification	HLTWHS005
Duration	1 Day
Delivery	On-campus
Fee	$110.00 AUD

Entry and enrolment

- Provide a valid USI and identity evidence
- Wear comfortable clothing suitable for practical activities

Assessment

Practical demonstration and short knowledge check.

Intake and next steps

Talk to the RIGBI team about the next available practical session.

Career opportunities

- Adds safer manual-task capability to care roles
- Useful in community, hospitality and warehouse settings
- Supports workplace hazard reporting
- Strengthens practical readiness for support work

Further study

Add first aid, infection control or a broader individual-support qualification depending on your role and goals.

Explore your next step
rigbigroup.com.au/courses/manual-handling/

Campus: 3/17 Foley Street, Balcatta, Western Australia 6021
Details and offer checked 15 Nov 2026